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INVINCIBLE

CONQUERING THE MOUNTAINS
THAT SEPARATE YOU
FROM THE BLESSED LIFE

"MOVING FROM GUILT TO REPENTANCE"

2 SAMUEL 11 AND PSALM 51

Introduction: A famous Christian psychiatrist said, "The reason most people feel guilty is because they ARE guilty." Guilt is a very real mountain that separates us from fellowship with God and from receiving the blessing of God. Today, we are going to examine one of the guiltiest characters in the Bible and the path he discovered that led from guilt to repentance.

Proverbs 28:1 "The wicked flee when no one is pursuing."

I. Two Types Of Guilt

A. **Judicial Guilt** (Romans 3:23; Exodus 34:6-7)

Romans 3:23 "For all have sinned and fall short of the glory of God."

Exodus 34:6-7 ⁶ "The LORD, the LORD God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth; ⁷ who keeps lovingkindness for thousands, who forgives iniquity, transgression and sin; yet He will by no means leave the guilty unpunished, visiting the iniquity of fathers on the children and on the grandchildren to the third and fourth generations."

B. **Ethical Guilt** (Isaiah 59:2)

Isaiah 59:2 "Your iniquities have made a separation between you and your God, and your sins have hidden His face from you so that He does not hear."

II. Three Possible Responses To Guilt

A. **Silence** (Psalm 32:3)

Psalm 32:3 "When I kept silent about my sin, my body wasted away through my groaning all day long."

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Psalm 32:4 “For day and night Your hand was heavy upon me; my vitality was drained away as with the fever heat of summer. Selah”

C. Repentance (2 Corinthians 7:10)

2 Corinthians 7:10 “For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.”

III. The Case Of A Guilty King (2 Samuel 11)

2 Samuel 11:14-15 “So the next morning David wrote a letter to Joab and gave it to Uriah to deliver. The letter instructed Joab, ‘Station Uriah on the front lines where the battle is fiercest. Then pull back so that he will be killed.’” (NLT)

2 Samuel 11:27b “But the thing that David had done was evil in the sight of the LORD.”

IV. The Consequences For A Guilty King (Psalm 32:3-4)

Psalm 32:3-4 ³ “When I kept silent about my sin, my body wasted away through my groaning all day long.” ⁴ “For day and night Your hand was heavy upon me; my vitality was drained away as with the fever heat of summer. Selah.”

A. The Physical Consequences of Guilt**B. The Emotional Consequences of Guilt****C. The Spiritual Consequences of Guilt**

INVINCIBLECONQUERING THE MOUNTAINS THAT
SEPARATE YOU FROM THE BLESSED LIFE**"MOVING FROM GUILT TO REPENTANCE" 2 SAMUEL 11 AND PSALM 51****1. Unconfessed guilt leads to a break in our fellowship with God.** (Genesis 3:8-10)

Genesis 3:8-10 ⁸ “Now they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden. ⁹ Then the LORD God called to the man, and said to him, ‘Where are you?’ ¹⁰ He said, ‘I heard the sound of You in the garden, and I was afraid because I was naked; so I hid myself.’”

2. Unconfessed guilt leads to the discipline of God. (Hebrews 12:6)

Hebrews 12:6 “FOR THOSE WHOM THE LORD LOVES HE DISCIPLINES, AND HE SCOURGES EVERY SON WHOM HE RECEIVES.”

V. The Confession Of A Guilty Man (Psalm 51)**A. Acknowledge Your Sin as Sinful** (Psalm 51:1, 3)

Psalm 51:1, 3 ¹ “Be gracious to me, O God, according to Your lovingkindness; according to the greatness of Your compassion blot out my transgressions. ³ For I know my transgressions, and my sin is ever before me.”

B. Accept Responsibility for Your Sin (Psalm 51:1-3, Psalm 139:23-24)

Psalm 51:1-3 ¹ “Be gracious to me, O God, according to Your lovingkindness; according to the greatness of Your compassion blot out my transgressions. ² Wash me thoroughly from my iniquity and cleanse me from my sin. ³ For I know my transgressions, and my sin is ever before me.”

Psalm 139:23-24 ²³ “Search me, O God, and know my heart; try me and know my anxious thoughts; ²⁴ and see if there be any hurtful way in me, and lead me in the everlasting way.”

INVINCIBLECONQUERING THE MOUNTAINS THAT
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1. Your relationship with **God**.
2. Your relationship with your **family**.
3. Your relationship with your **mate**.
4. Your relationship with **others**.
5. Your relationship with **yourself**.
6. Your relationship with your **possessions**.

C. Receive God's Forgiveness for Your Sins (Psalm 51:1-2, 7)

Psalm 51:1-2, 7 ¹ "Be gracious to me, O God, according to Your lovingkindness; according to the greatness of Your compassion blot out my transgressions. ² Wash me thoroughly from my iniquity and cleanse me from my sin. ⁷ Purify me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow."

D. Repent of Your Sin (Psalm 51:10)

1. **We must also turn away from known sin.** (Psalm 51:10)

Psalm 51:10 "Create in me a clean heart, O God, and renew a steadfast spirit within me."

2. **We must make restitution when necessary.**
(Matthew 5:23-24; Luke 19:8)

Matthew 5:23-24 ²³ "Therefore, if you are presenting your offering at the altar, and there remember that your brother has something against you, ²⁴ leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering."

Luke 19:8 "Zaccheus stopped and said to the Lord, 'Behold, Lord, half of my possessions I will give to the poor, and if I have defrauded anyone of anything, I will give back four times as much.'"

INVINCIBLECONQUERING THE MOUNTAINS THAT
SEPARATE YOU FROM THE BLESSED LIFE**"MOVING FROM GUILT TO REPENTANCE" 2 SAMUEL 11 AND PSALM 51****VI. The Path From Guilt To Repentance To Forgiveness****A. God Removes Our Sin** (Psalm 51:2, 7, 9)

Psalm 51:2, 7, 9 ² “Wash me thoroughly from my iniquity and cleanse me from my sin.
⁷ Purify me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. ⁹ Hide
 Your face from my sins and blot out all my iniquities.”

1. **Water represents cleansing from the defilement of sin.**
2. **Hyssop represents cleansing from the guilt of sin.**
3. **Blotting represents separating us from our sin.**

B. God Reinstates Our Joy (Psalm 51:8, 12)

Psalm 51:8, 12 ⁸ “Make me to hear joy and gladness, let the bones which You have broken
 rejoice. ¹² Restore to me the joy of Your salvation and sustain me with a willing spirit.”

C. God Restores Our Fellowship with Him (Psalm 51:11)

Psalm 51:11 “Do not cast me away from Your presence and do not take Your Holy Spirit from me.”

1 John 1:9 “If we confess our sins, He is faithful and righteous to forgive us our sins and to
 cleanse us from all unrighteousness.”

Conclusion