



Minutes With Jesus

Straight Talk From The Savior
About The Things That Matter Most

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“Straight Talk About Your Sex Life”

MATTHEW 5:27-32

Introduction: How can anyone be expected to live morally in a sex-crazed world? Today, Jesus offers some frank words about sexual purity that are just as applicable today as they were 2,000 years ago.

Matthew 5:20 “For I say to you that unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven.”

Matthew 5:21-22 ²¹ “You have heard that the ancients were told, ‘YOU SHALL NOT COMMIT MURDER’ and ‘Whoever commits murder shall be liable to the court’. ²² But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever says to his brother, ‘You good-for-nothing’ shall be guilty before the supreme court; and whoever says, ‘You fool’ shall be guilty enough to go into the fiery hell.”

I. **Jesus Condemns Adultery In The Bed** (Matthew 5:27)

Matthew 5:27 “You have heard that it was said, ‘YOU SHALL NOT COMMIT ADULTERY.’”

II. **Jesus Condemns Adultery In The Head** (Matthew 5:28-30)

Matthew 5:28 “But I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart.”

A. **Jesus Was Not Condemning Sex Within Marriage** (1 Corinthians 7:3-5)

1 Corinthians 7:3-5 ³ “The husband must fulfill his duty to his wife, and likewise also the wife to her husband. ⁴ The wife does not have authority over her own body, but the husband does and likewise also the husband does not have authority over his own body, but the wife does. ⁵ Stop depriving one another, except by agreement for a time, so that you may devote yourselves to prayer, and come together again so that Satan will not tempt you because of your lack of self-control.”



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B. Jesus Was Not Condemning Appreciation of God’s Creation

III. Jesus’s Radical Call To Marital Fidelity (Matthew 5:31-32; Matthew 19:3-9)

Matthew 5:31-32 ³¹ “It was said, ‘WHOEVER SENDS HIS WIFE AWAY, LET HIM GIVE HER A CERTIFICATE OF DIVORCE’; ³² but I say to you that everyone who divorces his wife, except for the reason of unchastity, makes her commit adultery; and whoever marries a divorced woman commits adultery.”

Matthew 19:3 “Some Pharisees came to Jesus, testing Him and asking, ‘Is it lawful for a man to divorce his wife for any reason at all?’”

A. The Pharisees Focused on Divorce, but Jesus Focused on Marriage (Matthew 19:4-6)

Matthew 19:4-6 ⁴ “And He answered and said, ‘Have you not read that He who created them from the beginning MADE THEM MALE AND FEMALE, ⁵ and said, FOR THIS REASON A MAN SHALL LEAVE HIS FATHER AND MOTHER AND BE JOINED TO HIS WIFE, AND THE TWO SHALL BECOME ONE FLESH? ⁶ So they are no longer two, but one flesh. What therefore God has joined together, let no man separate.’”

B. The Pharisees Saw a Command, but Jesus Saw a Concession (Matthew 19:7-8)

Matthew 19:7 “They said to Him, ‘Why then did Moses command to give her a certificate of divorce and send her away?’”

Matthew 19:8 “He said to them, ‘Because of your hardness of heart Moses permitted you to divorce your wives; but from the beginning it has not been this way.’”



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C. The Pharisees Were Flippant, but Jesus Was Serious (Matthew 19:9)

Matthew 19:9 “And I say to you, whoever divorces his wife, except for immorality, and marries another woman commits adultery.”

IV. Jesus’ Radical Remedy For Infidelity (Matthew 5:29-30)

Matthew 5:29-30 ²⁹ “If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. ³⁰ If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.”

1 Corinthians 6:18 “Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.” (NIV)

A. Control Your Looking (Job 31:1)

Job 31:1 “I have made a covenant with my eyes; how then could I gaze at a virgin?”

B. Transform Your Thinking (Romans 12:2; Philippians 4:8)

Romans 12:2 “Do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.”

Philippians 4:8 “Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.”

Conclusion